



"FEELING GRATITUDE AND NOT EXPRESSING IT IS LIKE WRAPPING A PRESENT AND NOT GIVING IT." ~ WILLIAM ARTHUR WARD

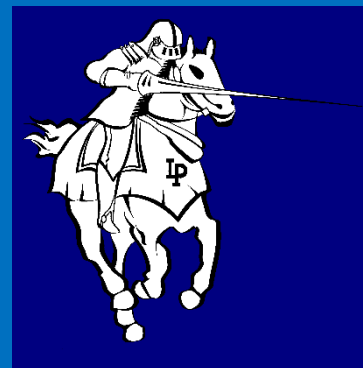
Thankfulness

With the holiday season in full swing, the math department shared sentiments of gratitude.

- **Monica Van Duyne** – I am most thankful for my friends, family, and dog.
- **Margaret Gawrych** – I am thankful for my family, my friends, my health, and my wonderful colleagues here in the math department.
- **Jay Ivory** – I am thankful for my family and friends!
- **Tom Kaberna** – I am most thankful for a sound body and mind, as well as my support system of friends and family.
- **Kristin Harrington** – Besides my family, I am so thankful for the 33 years that I have been at LP and for the colleagues and friends that I have worked with, learned from, and been supported by.
- **Kurt Becker** – I am thankful for Margaret, Clint, and Taylor for answering my questions and collaborating with me to make picking up Honors Pre-Calc go a lot smoother for myself :)
- **Julie Holtz** – I am thankful for a supportive family.
- **Tim Gard** – I have two Illini graduates with full time jobs in their desired careers!
- **Rakhi Mistry** – I am thankful for being able to work with amazing students at LP...my students are the driving force to my learning and growing as an educator! I am also always thankful for my family and friends and hosting the Mistry Thanksgiving South Asian style!
- **Alanda Mehic** – I am grateful for my awesome husband and two beautiful daughters. They bring me so much joy every day. I am also grateful to work with such a great department and have terrific students.
- **Tommy Gulo** – I am most thankful for my wife who supports me every step of the way, especially during the basketball season when times get crazy with three children.
- **Rebecca Dziubla** – I am thankful for many new teaching and coaching opportunities that I have had in the past year. Each experience has helped me grow as a new educator and try new things!
- **Paula Williams** – I am thankful for recovery (for me, Cortez, and Kayleigh), for everyone who helped out during those recoveries (doctors, nurses, family, colleagues).
- **Clint Anticevich** – Family, friends, and abilities that God has blessed me with.
- **Taylor Chester** – This holiday season I am thankful to spend time with my family from out of town, see my two nephews, and be settled into my new home!
- **Candice Sagliano** – I am appreciative of the many great opportunities available at and wonderful people I have met through Lake Park.

In this issue:

- Thankfulness
- Lancer Trophy
- Assorted Activities



DECEMBER 1, 2019

Lancer Trophy

Ginny Zeman

Ginny was awarded the Lancer trophy for her contributions to her course teams through the use of Twitter and innovative classroom activities, as well as organizing a recent department social gathering at Zanies Comedy Club in St. Charles.



Assorted Activities

This month we highlight some of the things taking place both inside and outside of the LP classrooms. Here are some examples of department happenings:

- Tommy Gulo** – My wife Sara and I ran the Two Course Challenge in Disney World In November. Two Course Challenge is a 10k on Saturday and then a Half Marathon on Sunday.
- Rakhi Mistry** – On October 26th, I attended mindfulness training. I am using [GoNoodle](#) with students before test and quizzes to relieve test anxiety. Here is a sample activity called "[Bring it Down](#)." Here is what one student said in her reflection, "It really helps me calm my nerves and stay focused and more at ease before taking the test or quiz." One student reflected that it helps her make better decisions about how to react to her frustrations when she doesn't understand the material.
- Tim Gard, Kristin Harrington, and Paula Williams** – On Saturday, November 9th, we attended the Lake Park Hockey Club's teacher appreciation night. It was the first one the club has ever held and it was quite impressive. We felt very honored and appreciated to be a part of this special event. We were treated like royalty.

